

Mental Health First Aid Training

Monday 18th and Tuesday 19th June 2007
9am to 5pm Cost: \$180

This is a 12 hour course developed by the Centre for Mental Health Research Centre at the ANU and is designed to increase understanding of Mental Health issues and develop skills to respond effectively.

The course content includes the mental health problems of: Panic Attacks; Anxiety Disorders; Acute Stress Reaction; Acute Psychotic Behaviour; Schizophrenia; Depression; Bipolar Disorder; Substance Abuse.

The course equips workers to identify when clients may have a mental health condition and provides skills on how to respond appropriately and effectively.

This course is well regarded and highly suitable to all people working in the community services sector. Participants will receive a completion certificate and handbook.

If you are interested in attending this training please complete a registration form and return it to Lifeline Canberra

Phone: 6247 0655 Fax: 6257 4290 Email: training@act.lifeline.org.au